HAVE FUN—take a field trip

• VOLUNTEER—to be a tutor or mentor

MEET— new members



February, 2017

#######

# February General Meeting Sex In Your Garden

When: Monday, February 20, 2017

Where: Community United Methodist Church In Half Moon Bay

Time: 7:00 pm to 9:00 pm

#### Sex in Your Garden

An interactive presentation by Karen Kalumuck, Ph.D.

Floral scents and the hum of honey bees in your yard mean more than a beautiful summer day – for the flowering plants, it's all about reproduction. In this presentation, we'll take a close look at, and do some dissecting of, flowers to reveal how their "naughty bits" are an awful lot like ours. We'll also explore their varied and sometimes bizarre strategies for reproduction. WARNING! You will never look at flowers the same way again!

Karen earned a doctorate in Biology and has enjoyed a robust career path, including scientific research, being a college professor and a museum science professional. She thrives on creating engaging science experiences catered to groups ranging from kids through adults, and helps connect people to science in unique and personal ways. Karen has lived in Moss Beach for twenty years, and shares her home with husband Rob Swezey and an assortment of mammalian furbabies.

## Membership Matters:

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Sheila Cresson and Peggy Rozhon, Membership Co-VPS

We are all connected. Please welcome our newest member and a Tech Trek mom, Gizette Sperinde. Gizette was recruited by Amy Broome.

Gizette Sperinde ( Jeff) 650 346-3130 P.O. Box 2045, 623 Isabella, EG 94018 UC Berkeley; BS Chemical Engineering

Boston U Medical School/PhD <a href="mailto:sperinde@comcast.net">sperinde@comcast.net</a>

If you recruit 2 or more members by 3/31, you are automatically entered into our drawing for a free national membership.

If you renew your membership on April 1st, you are automatically entered into our drawing for a complete free membership. Postmark your mail on 4/1 or bring your check when you attend our special branch meeting on 4/1. Katie Murdock is planning a wonderful hands on crafting event.

While 4/1 is April Fool's Day, we are not kidding. Get your check in on 4/1 and get a chance for 2017-2018 free membership!

HALF MOON BAY BRANCH

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#### "Lend Me A Tenor" Theatrical Fundraiser and Silent Auction

Come to a Joyous Night of Theater benefitting AAUW Scholarships & Tech Trek
This coming Thursday, February 2<sup>nd</sup> at Coastal Repertory Theater
Final Dress Rehearsal of "Lend me a Tenor"

Pre-curtain social starts at 6:30p.m., Performance at 8:00p.m.

Tickets are \$25, which includes a complimentary glass of wine and hors d'oeuvres.

Contact Nina Nelson for tickets – 650 560-9025 nencgn@yahoo.com
Early Pre-Curtain due to the added excitement of Our Silent Auction

-Our list of Fantastic Items up for Bidding-



\$100 minimum bid for 10 participants

Carol's unique presentation of her "Camping Europe 4<sup>th</sup> Edition

40 years of personal researching adventure, to be held at her Tunitas Creek Home

"Isabelle" American Girl Doll

\$265 Value

Collector Edition with 2 books and many accessories donated by Barb Steinberg

Pilates, Moss Beach – YOU and 4 friends

\$155 Value

75 minute workout in FULLY equipped studio

Zaballa House

\$200 Value

night's stay in a beautiful Deluxe Room, donated by Sheila Cresson

**Exquisite Gift Basket** 

\$80 Value

brimming with wine, cheese, cookies, etc. donated by Carol Forster

Classique Reflections Hair Styling

\$100 Value

with John Katout

Interior Design, Color, Painting Consultation

\$120 Value

with designer, Win Dell'Ario

Mezza Luna Café or Mezza Luna Restaurant

\$60 Gift Certificate

Coastal Repertory Theatre – 2 tickets

\$85 Value

Opening Night Gala for "Lend Me a Tenor" – even better the 2<sup>nd</sup> time!!

donated by Carol Forster and Betty Lee-Kendall

For information, Contact Nina Nelson – 650 560-9025 <a href="nencgn@yahoo.com">nencgn@yahoo.com</a>

Please reserve \_\_\_\_\_tickets (\$25 each) for the February 2<sup>nd</sup> performance of "Lend Me a Tenor".

Make your check payable to: AAUW HMB – note 2/2 Tenor event P.O. Box 1414, El Granada, CA 94018-1414

Please include your name, address, and phone number with your order.



### **HMB Branch Local Scholarship**

Dear Members.

<u>Good News!</u> Thank you for your recent generous donations. Each and every donation matters. The branch will be able to provide 2 Ivania Portocarerro Scholarships for 2017 because you care.

Remember, if you are currently employed, our branch, as a 501(c)3 organization is able to accept matching grants from your employer for local scholarship. One member's employer matches her volunteer hours with donations to her preferred nonprofit. Her volunteer hours put dollars in our budget. Such an amazing concept! Does your company match funds or volunteer hours? Don't overlook this way of supporting the goals of AAUW-HMB.

Please, continue to send donations to support our local programs in order for us to continue supporting local students with scholarships. Community based fund raising has been a lot of work with small returns this year, so our local programs depend on your generosity. Mark your calendar for May 4, 2017, when AAUW-HMB will participate in the Coastside Gives 2017. On that day anyone who supports our scholarship programs will be able to make those donations on line. Carol Joyce is coordinating that fund raiser for us. She will be providing us with more information as the date approaches. Thank you for assuming this once a year fund raising opportunity for the branch, Carol.

Sue Hatfield, co-chair HMB Local Scholarship

### **HMB Chamber of Commerce Educational Committee;**

Because we belong to the Chamber of Commerce, our local branch will participate in the annual Education network@night when local businesses and non-profits support our local classroom teachers with bags of much needed supplies and \$100 bills to help meet the needs of the classrooms. The event will be held at the Maverick's Event Center on Thursday, February 16, 2017. It is a delightful event honoring the hard work of the educators in our community. You are welcome to attend as a member of AAUW.

If you would like to contribute to our AAUW-HMB Local Scholarship Fund, you may use the form below. Our branch Local Scholarship Fund makes awards to outstanding graduates of Half Moon Bay and/or Pescadero High Schools who are entering their junior or senior year of college.					
YES, I want to support Coastside women in the final stretch of their college education.					
Name F	Phone				
Address					
My gift is in memory of:					
Make checks payable to: <u>AAUW-HMB Branch</u> with Loca HATFIELD, 450 Cypress Ave., Half Moon Bay 94019.	I Scholarship noted on the memo line. MAIL TO: SUE				

# 2016 TECH TREKKERS WIN RIBBONS AT ANNUAL CUNHA SCIENCE FAIR



by Julie Gerth

The 2017 Tech Trek application period is about to commence and we await recommendations from the middle school math and science teachers — the first step in selecting 7th-graders to receive scholarships to attend the weeklong AAUW science camp at Stanford in July. All the girls who are named by the teachers will receive an invitation to apply. (The committee usually receives about 50 recommendations.)

On Jan. 19, our 2016 Tech Trekkers displayed a wide range of projects at the annual Cunha Intermediate 8th-grade science fair. Two will go on to the county competition!

**Yasmine** won a first-place ribbon in the Life Science category for "How Cool Is Your Horse?" as she tried to determine how the age of a horse affects the length of time it takes for its body to return to resting temperature after a workout. She tested 20 horses and found her hypothesis to be correct — the body of a younger horse more easily returns to resting temperature.

**Hayley** won first place for "HMB Harbor Hazard." She asked, "How does beach proximity to the harbor, as well as tide and rainfall, affect the bacteria in the water?" She conducted tests during rain, low, mid and high tide.

**Isabella** wanted to test the proverbial five-second rule with her project, "Are You Sure You Want to Eat That?" She tested different surfaces in the house for bacteria.

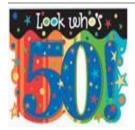
**Mia's** project was entitled "The Study Halls Are Alive With the Sound of Music" and she asked if different genres of music hurt or enhanced students' ability to study and perform well on a test. She used spa music, pop and rap, as well as silence, while controlling for volume, study material, age, gender, and time to complete the test.

**Elizabeth** asked, "How Does Vision Affect Your Sense of Smell?" and tested no less than 40 subjects of varying ages to see if adults or children would be better at identifying smells while blindfolded. She found her hypothesis to be correct -- adult subjects seemed better at knowing the scent, from basil to cocoa powder to lemon. She received an Honorable Mention ribbon.

**Brianna** was also awarded an Honorable Mention for exploring color perception. She wanted to know if proximity of colors determines how they are perceived. You can tell she's an art lover at heart.

<b>Tech Trek Donation Form—2017</b> Yes, I want to continue to support Coastside girls at Tech Trek, the annual AAUW summer math and science camp, now in its 20th year!				
Name	Phone			
Address				
My gift is in honor of/memory of:				
Make checks payable to: AAUW. In memo section, please designate: TECH TREK CAMP HOPPER. Mail to: Julie Gerth, AAUW-Half Moon Bay Branch Tech Trek Chair, 2094 Touraine Lane, Half Moon Bay, CA 94019.				

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#### A PARTY TO CELEBRATE US!

As you know, AAUW-HMB is celebrating its 50<sup>th</sup> Anniversary this year. It is a celebration of our members who, over the years, have given countless volunteer hours to keep our organization going. It is a celebration of those who have held elected office, those who have served on committees, those who have supported fundraising efforts and those who have paid their dues to show their commitment to the mission of AAUW.

Let's salute some of the early projects, actions and achievements of AAUW-HMB:

1969-started committee to establish a dedicated bike route from Montara to HMB

1970-brought Lewis Mahlmann puppet shows to the Coast for the children

1971-recycling center set up in Princeton, run by members

1971-members taught English to farm workers, plus sewing and shopping skills and conducted a nursery school program for their children

1974-established Named Gift Honorees – first recipient: Edna Cox

1977-first participation at Pumpkin Festival – selling pizza

1980-started a preschool vision screening program

1982-interest group brought 'Christmas Bureau of San Mateo County' to the Coast, which has since evolved into Coastside Hope's Adopt-A-Family program.

1982-members volunteered to operate Farallone School's library

1984-HMB city council declared March 18-24, 1984 as AAUW Week

1985-branch created 'Women of Excellence Awards' and honored five local women for their commitment to the betterment of the Coastside community

1986-'Women of Excellence Awards' honored six local women for their significant contributions to local history; including current member Katie Murdock.

Just imagine what new and exciting things can be achieved by YOU and other members of AAUW-HMB!

You don't want to miss our party on May 6, 2017, where we will join together to celebrate our past achievements as we look forward to the impact we will have on the future. Mark your calendars now and watch your TIDINGS and email for ticket information.

# Tidings Deadline for March 2017 Issue Wednesday, February 15, 2016

When emailing articles please be specific in your Subject Line. Please name your interest group or other subjects not just the word Tidings. It makes it easier for me to keep track of submissions.

Thank you.

Please send articles as attachments, preferably in WORD.

Again, Thank you for your help and cooperation.

Harriett Beck, Editor <a href="https://hmbeck1@comcast.net">hmbeck1@comcast.net</a>

### **Public Policy:**

AAUW National is keeping a close watch on events soon to unfold in Washington DC Of great concern is the planned repeal of the Affordable Care Act ( Obama Care) by the new Congress. As of now, a replacement plan has not been released. Pres. Obama has stated that he will support any plan that congress can come up with that can replace the Affordable Care Act and that will provide health care for the millions already on the plan AAUW is also concerned with the proposed elimination of Federal funding for Planned Parenthood which provides health services, including mammograms, pap smears and reproductive health care. The issue against Planned Parenthood seems to be birth control advice and abortion, though the funds coming from the Federal Government do not fund abortions.

AAUW has grave concerns over specific cabinet nominees. AAUW believes that any nominee must be a fair minded individual committed to equal opportunities for ALL Americans. Of special concern are <a href="Pres">Pres</a>. Elect Trump's nominations of four individuals: Betsy De <a href="Vos">Vos</a> for Sec. of Education, Sen. Jeff Sessions for Attorney General, Andrew <a href="Puzder">Puzder</a> for Sec. of Labor and Rep. Tom Price for Sec. of Health and Human Services. These individuals stand to have significant influence over issues affecting women and families, but their records on <a href="AAUW">AAUW</a>'s Public Policy priorities leave much unanswered and much to be desired. Following a robust hearing, where questions and concerns have been addressed, <a href="AAUW">AAUW</a> will make a determination to support or oppose a nominee.

On Saturday, Jan. 21 (the day after the inauguration) <u>AAUW</u> joined thousands of women (and men) in Washington DC, as a non partisan group, to march to deliver the message that women's rights are human rights. Similar events were held in San Francisco, San Jose and through out the country.

Did you know? April 9 is Equal Pay Day, when women's salaries catch up for the year with men's. Many women make 80cents (or less) for every dollar that men make doing the same job with the same education, training and years of experience. Several states (including California) have recently passed laws prohibiting this kind of discrimination and having salary scales transparent for everyone to see how much others are making.

Mary & Carlos Vargas Public Policy Co-Chairs

## **AAUW Leadership Programs Fund**

AAUW Funds is a very vague title for this most important area of our support for women and girls. Funds is divided into several more specific purposes. In a previous article, I wrote about the Legal Advocacy Fund. This month, I'd like to elaborate on the Leadership Programs Fund that supports the development of women's potential to lead in their schools, communities, and country. It supports the following tax-deductible programs:

2505- National Conference for College Women Student Leaders attendees develop their leadership skills, networks, and ambition at this three-day conference held annually in Washington, D.C. Donations provide financial assistance to young women who would be otherwise unable to attend.

2515-Campus Action Projects award grants to campus leaders who deliver programs guided by AAUW research to address a gender-based issue in their campus communities.

2522-Elect Her teaches young women leaders to run for student government and future office. This program has increased the number of women running for and winning campus positions.

4338-Start Smart. These salary negotiation workshops provide college women who are approaching the job market with the knowledge and skills to negotiate salaries and benefits.

Funds VP

Diana Kalos

### **White Elephant, White Elephant:**

2017 will herald our 5<sup>th</sup> AAUW HMB White Elephant Sale.

This year's date will be Saturday, May 20<sup>th</sup> at the Train Depot.

Purge now, Save for later! Go through your closets, attics, garages, sheds and shed some of your belongings. Our WE Sale has been most successful because of all the wonderful items our members donate to the cause.

What to save for the sale? What will sell at the sale?

Housewares, collectibles, jewelry, books, linens, purses, clothing, small furniture, DVDs, etc. Always clean, always in good shape items always sell quickly.

If it's new and not really "you", please donate to the sale.

More guidelines later. For now, start those piles but hide them in your own house!

Always looking for suggestions, helpers, and someone to assist with poster distribution and publicity.

AAUW HMB White Elephant Co-Chairs Peggy Rozhon and Mary Sheridan



#### When you patronize these businesses, please let them know that you saw their ads here.

Your ad could be here!

\$65.00 8 issues

\$35.00 4 issues

\$10.00 1 issue

For more information contact



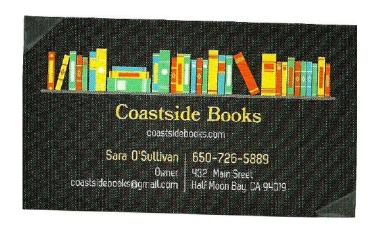


270 Capistrano Road, #8 Half Moon Bay, CA 94019 (650) 866-9231 mojoyogahmb@gmail.com











Anne Grauzlis (650) 440-4324 Reliable, Reasonable, References VOLUME 50, ISSUE 5 Page 8

#### <u>Janus</u>



Groundhog's Day...Super Bowl...Valentine's Day...MARDI GRAS! Let's party on Wednesday, February 22<sup>nd</sup> at the home of Delores Crabb [567 Sixth Street, Montara]. Our JANUS lunch group will meet at noon to celebrate Mardi Gras. Doug will be making a big pot of jambalaya for us to enjoy, so bring your potluck dish to go along with it. This has become a JANUS tradition in February and is lots of fun! Don't' forget your three dollars for the hostess and RSVP to her (yes or no) at: coast-crabb@comcast.net or 728-3794.

Looking ahead to March, we will enjoy the hospitality of Sheila Cresson on the <u>fourth</u> Wednesday, the 22<sup>nd</sup>. Carpooling is advised for the March luncheon. Delores Crabb, Chair

#### **Great Books**

The book selected for Great Books on **Thursday**, **February 9**, is Night by Elie Wiesel. The meeting will be held at the home of June Baxter, 53 Erin Lane, Half Moon Bay, from 2-4 p.m.

#### **Evening Book Group:**

The Evening Book Group will meet **Tuesday February 28** at 7 PM at Madeline Mc Reynold's home in Miramar.

Janie Keeler will lead a discussion of Celeste Ng's book, Everything I Never Told You. Social time and treats begin at 7PM followed by discussion at 7:30. For more information, contact Marianne Harrison at mimih108@sbcglobal.net.

### **Out To Breakfast**

The Out to Breakfast group will meet at 8:30 a.m. on Friday, February 10. at Joe's Half Moon Bay Restaurant, 2380 South Cabrillo Hwy. Reservations aren't necessary and all are welcome to join us for good food & conversation.

Peg Nordensten

#### **Out and About**

The Out and About group will travel to the San Jose Museum of Art on **Friday**, **Feb. 3** to view the traveling exhibit from the Smithsonian's Design Museum entitled BEAUTY\_\_ COOPER HEWITT DESIGN TRIENNIAL. The work showcases 57 cutting edge designers from 27 countries. The 280 works include experimental prototypes, interactive games, high -concept furniture and architecture and innovative fashions. We will meet at the New Leaf parking lot at 10AM to car pool there. We will have lunch in the museum's cafe, where lunches range up to between \$10 and \$12. Please contact us if you wish to join us and if you can drive or will need a ride.

Mary Vargas cvu59@aol.com
Sara Hayden hayden.sara@gmail.com
Out and About Co-Chairs

# Home Theatre: THE ACADEMY AWARDS!

It's that time again – **The Academy Awards!!!!** As usual, the Home Theatre Group will have an **Oscar Watching night on SUNDAY**, **FEBRUARY 26**, at the home of Debbie Kratter (24 Fairway Place in Half Moon Bay). This is in lieu of our regular movie night for February.

We will start with dinner at 5 PM to give us time to eat, gossip and critique what's being worn on the Red Carpet.

If you are not part of the group but would like to be included, please contact Debbie Kratter (dgatzek@kratter.com).

As we get closer, we'll decide who brings appetizers, entrée foods and desserts. Debbie will provide beverages (including wine!) and paper goods. A small charge of \$3 per person helps to defray costs for the host. Friends and likely members of AAUW are always welcome!

### Walk with us!



We walk **Monday mornings** from 10 to 12 somewhere along the Coastside. It's a great time for fresh air, beautiful views, exercise, and socializing! If you'd like to join us, send me an e-mail and I'll send you a message every weekend telling you where to meet for our Monday walk. Marilyn Garrison marilyngarr@hotmail.com

## Writers' Group:

The Writing Group will meet at 9:30 am on the first and third Thursdays of the month

in the Conference Room at the Leslie Gardens Senior Center in Half Moon Bay. For the next two months we will be preparing a collection of our writing.

If you have any questions please email Janet Orumchian at <a href="mailto:ihorumchian@yahoo.com">ihorumchian@yahoo.com</a> or call her at 650 560 0362

### WannaBe Gourmet

Don't be chicken - well yes DO step up to be host for March WannaBe Gourmet.

The chicken part is - it's the year of the Rooster so go figure - Chinese or chicken. We could order in.

We have such fun - best group -people and cooks and talk and solving the universe's prob-

Call or e-mail Nina Nelson to host in March, Hurry.

#### **ADVANCE NOTICE**

### **FOOLIN' AROUND**

**April 1**, Saturday Mini-Workshops. 9:30 -2:30 Yes we will be fooling around but with fun, interesting mini-workshops.

Each workshop will be presented twice so you can sample more than one thing,

Among the workshops: garden -in-a tea-cup, bead-work, cake in a mug, make a little book and hand painted squares that will end up as a quilt to honor our 50 years.

There will be small fees for some of the workshops. BYO Lunch

For more information call or e-mail Katie ktgm4@aol.com 6507293000

#### HANDS ON

Helloooo out there,. with only three replies and no offers for hosting we will wait one more time.

Call me or e-mail or carrier pigeon - you can all have fun watching me learn to crochet.

Katie Murdock, ktgm4@aol.com, 650-7293000

#### **Bridge:**



May we all get really good CARDS and play well in 2017! The bridge group changed locations in January, 2017 and were guests of Carol Forster, on Skyline Blvd. We carpool to homes not located specifically on the Coastside. FUN!

On **February 17th, 2017**, we meet at Betty Lee Kendall's home in Frenchmen's Creek. Her address is: 1 LeHavre Place, HMB, phone: 712-1850. Please let me know if you plan to attend, by the 2<sup>nd</sup> week of February, so I can assure "a seat at the table" for each of you. Don't forget your sandwich for your lunch and remember that we play 10:30 to 2.30 on the 3rd Friday of each month, through May, resuming play in September thru November. Let me know, also, if you have transportation issues, etc., as we want you to play with us!

I have just learned of some ladies who want to learn to play Bridge and will contact our previously identified students, as we may have the prerequisite 8-10 people necessary to start a class. I will keep you posted! If you would like to play with us or take a new player and/or "refresher" class, please contact me.

Sharon Miller, millersa@coastside.net, 726-3380

#### **Great Decisions**

First Great Decisions meeting will be on **February 21st** at 7-9 pm

201 Medio Ave, Miramar

For information contact Barbara Von Glahn

## February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	Writer's Group 9:30 am	Out & About 10 am	4
5	6 Walk & Talk 10:00 am Board Meeting 7 pm	7	8	9 Great Books 2 pm	Out to Breakfast 8:30 am	11
12	13 Walk & Talk 10:00 am	14	15	16 Writer's Group 9:30 am	17 Bridge Group 10:30 am	18
19	Walk & Talk 10:00 am General Meeting 7:00 pm	21 Great Decisions 7 pm	<b>22</b> Janus 12:00 pm	23	24	25 Home Theatre 6:00 pm
26 Home Theatre 5:00 pm	27 Walk & Talk 10:00 am	28 Evening Book Club 7:00 pm				

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### Do you know about the Sunshine Committee?

We assist local branch members when support is needed and wanted. Our volunteers offer support by providing transportation to appointments, visiting the patient, and delivering meals for the AAUW member and their family. If you would like to volunteer on an as-needed basis, please contact <u>Jeanette Chapman at 726-5161 or handyic@juno.com</u>. We appreciate all volunteers!

The TIDINGS is published eight times/year by AAUW-HMB. Deadline is the 15th of the month prior to publication. Editor: Harriett Beck; Mailed Circulation: Beverly Landess; E-mailed Circulation: Betty Lee-Kendall



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"AAUW advances equity for women and girls through advocacy, education, philanthropy, and research."