

the TIDINGS

News of AAUW-Half Moon Bay

Volume 52, Issue 6

February 2019

Speech Trek Contestants to Discuss Eliminating School Violence



Monday, Feb. 11, 2019 • 6:30 to 9 p.m.

Doors open at 6:15 p.m.

Community Room, Half Moon Bay Library

Our February program is devoted to one of AAUW's most dynamic offerings: Speech Trek. This competition helps high school students hone public speaking skills. Speaking well gives a natural edge, be it presenting ideas to others or landing a job through a successful interview. We offer this competition to encourage our young people to develop these valuable skills.

This year's topic is "How Can We Eliminate Violence Aimed at Our Schools?" According to AAUWCA's Speech Trek Program, American students face an alarming level of violence.

Sen. Dianne Feinstein notes that since the Sandy Hook shooting in December 2012, more than 250 schools have experienced a shooting. "That's an average of around 50 a

year, or one school shooting every week," she said. "It's astonishing that so many schools and so many children have suffered. Active shooter drills shouldn't be a way of life for our children, but sadly they are."

Singer Kelly Clarkson notes that the time for moments of silence has passed. "Why don't we do a moment

Continued on page 3

*Meeting reminders: Social time begins at 6:30 p.m. Presentation begins at 7 p.m. Business meeting to follow.
Hosts: Moss Beach/Montara. Meetings are open to the public.*



**American Association
of University Women
Half Moon Bay Branch**

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El Granada, CA 94018

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Email blasts must be approved by the President. Email preferred.

The TIDINGS is published eight times a year, September to May, by AAUW-HMB. Email submissions to aauw.hmb.newsletter@gmail.com

Articles should be sent as Word attachments or pasted into the body of the email.

Sara R. Hayden, Editor

Betty Lee-Kendall,

E-mailed Circulation

Deadline is the 15th of the month prior to publication.

Neighborhood Groups

South Half Moon Bay, Central Half Moon Bay, North Half Moon Bay, El Granada/Miramar and Moss Beach/Montara. Look for the distribution in your directory.

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

AAUW Half Moon Bay Branch is a tax-exempt 501(c)(3) corporation. Your contribution is tax-deductible.

President's Message

Have you enjoyed the branch's interest groups, monthly public meetings, viewing our website or Facebook page, or reading *Tidings*? It's sometimes hard to pull together all the various things happening at different levels, so I will highlight a few.

Branch Level

Feb. 11: AAUW CA has had a project called Speech Trek since 2007. One of our branch members was inspired to bring the program here after hearing talented high schoolers give their speeches a few years ago. Our February meeting will showcase this.

Feb. 28: Our branch is a member of the Half Moon Bay Chamber of Commerce and will participate in its Teachers Cash for Class Drawing. Supporting education has long been a mission of AAUW.

March 21: Theater Bash returns to put the fun in fundraiser. Always exciting! See page 10 for details.

May 2: Coastside Gives has been our biggest fundraiser and so easy for members. You can participate from home. Watch for details and please support AAUW.

June 1: Time to clean out our homes and participate in the White

Elephant Sale.

National and State levels

- National is sponsoring an AAUW Art Contest and asking for submissions from members. The winners' work will be featured on notecards distributed in the spring. The deadline to enter is Feb. 7.

- The National Conference for College Women Student Leaders, sponsored by AAUW, will take place May 29 to June 1 at the University of Maryland. The Conference will educate and empower 100 college women. This is our future.

- Embracing one of our national strategic goals of gender pay equity, the San Francisco branch has launched an ambitious goal of teaching 20,000 local women to negotiate their salaries and benefits with confidence by 2020 through workshops January through April. Hope you saw the *Tidings* article in January. Do you know a woman who could benefit?

- To be informed about issues urgent to AAUW, sign up for the Two-Minute Activist for you email or mobile alerts. Register at aauw.org.

Barbara Von Glahn, President

Nominating Committee

The following members have been appointed to the nominating committee: **Jan Grierson, Nancy Evans, Carolyn Seaton and Lee Ellis.**

They have an important job

ahead of them selecting a slate of nominees for us to vote on at our March meeting.

They said "yes" and I hope you do, too, if asked!

Barbara Von Glahn, President

Speech Trek to Address Violence

Continued from page 1

of action?" she asked. "Why don't we do a moment of change?"

In February 2018, the students of Marjory Stoneman Douglas High School in Parkland, Fla., seized their moment for change after a shooting at their school. They created "March For Our Lives" and launched a national movement.

How can we – students, parents, faculty, our communities and organizations such as AAUW – eliminate violence aimed at our

schools? What actions can we take to prevent another tragedy from taking place?

Join us at our February meeting to hear the opinions of three young people from Half Moon Bay High School on this timely topic. All contestants will be evaluated that evening. It is certain to be a very interesting and informative meeting. Come join us. These young people deserve our support!

*Jan Grierson and Nancy Evans,
Program Co-Vice Presidents*

Key AAUW Dates

Feb. 7: Last day to enter the **2019 AAUW Art Contest**.

Feb. 12: Voting in the AAUW Art Contest begins.

April 1: **Committee application** period opens. The work of AAUW CA is accomplished through various standing committees, special committees and task forces overseen by the Board of Directors. Any member in good standing is eligible to serve and may submit an application. Members are selected and appointed for a one-year term by the Board of Directors.

Speech Trek Prizes: Did You Know?

Since 2007, Speech Trek has showcased talented young people responding to topics related to AAUW's mission.

Contests at branch and state levels provide students with opportunities to develop and sharpen research, critical thinking and communication skills.

In 2009, Gray Allen chose to memorialize his late wife Eleanor, Roseville/South Placer's Speech Trek Coordinator. Mr. Allen's annual \$5,000 contribution

has allowed AAUW CA to offer prize money as follows:

1st Place – \$1,500

2nd Place – \$1,000

3rd Place – \$500

4th Place – \$250

5th Place – \$150

Each year, the top three speakers from the semi-final round are invited to compete in the Speech Trek Finals at the annual meeting or convention.



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2018 Tech Trekkers Exhibit Projects, Win Awards at Annual Science Fair

The community turned out on a stormy January evening for the eighth-grade science fair open house, which included the work of our six 2018 Tech Trekkers, who explored a wide variety of topics. Two of our girls won first-place medals and will go on to the San Mateo County Science Fair.

Ana J. said she was inspired by her forensics core class at Stanford Tech Trek. She decided to explore the accuracy of eye-witness accounts of her middle-school cohorts.

Her project "Do the Eyes Have It?" won a first-place ribbon in the Behavioral Science category.

In the same category, Kira T. won a second-place award for "Bedtime Blues." Her experiment asked, "How does blue light affect the percentage of deep sleep that a teen experiences at night?"

She was interested in how the late-night use of smartphones and tablets might impact the sleep of her

classmates. She said studies have shown that blue light suppresses the brain's release of melatonin, which could lead to a lower quality of sleep.

Olivia P. exhibited her project "Food Fuels" and asked, "How do different foods impact how much energy you have in sports?" She gave subjects different food items — apples, energy chews and cheese sticks — and tried to assess which provided the best boost of energy.

Charlotte R. received an honorable mention ribbon in the Life Science category for her project "What Lurks on Turf?" She took samples from both a grass playing field and one with artificial turf and grew bacteria in petri dishes. She said she found a wider variety of bacteria on the artificial turf.

Maddie M. looked at "Auditory vs. Visual Reaction Time" and said the tests of her subjects showed that the brain seemed to process the auditory stimuli faster than the

visual. She received an honorable mention in the Behavioral Science category.

Grace B. won first place in the Physical Science category for "Wind Turbines: Blade Angle Efficiency." Her hypothesis predicted that "at a 70-degree angle the blades would create the most energy because less surface area of the blades will face into the wind therefore creating less air resistance." Her project included a tall, colorful, "Lego-like" windmill structure to test the different blade angles.

This year's Tech Trek application process is under way to select our campers for summer 2019. Many thanks to all our hard-working members and donors who have made it possible to send five girls to Camp Hopper at Stanford, scheduled for July 14-20.

More news to come!

Julie Gerth, Tech Trek Committee Chair



Three Little Words

Sort, save, price. Sort, save, price. Sort, save, price!

The 2019 AAUW White Elephant Rummage Sale will be held on Saturday, June 1, at the illustrious Half Moon Bay Train Depot.

Your New Year's New Mantra? Sort, save, price!

We will give you more White Elephant guidelines and information in the coming months, but for now, it's sort, save, price!

Peggy Rozhon and Mary Sheridan, White Elephant Co-Chairs

Celebrating 2018 Scholarship Winners: Emily DuFore Payne

“I know what it is like to have to work hard to get something that seems to come easier to others. I want to give back to other children to make an impact on their life like others did for me.” – *Emily DuFore Payne*

Emily received the Larry & Eileen Somers Scholarship. She is a senior at Sonoma State University majoring in human development. Emily expects to go to graduate school and pursue a career in education and social work.

Emily recently became a certified Behavioral Therapist and is currently working with autistic children five days a week while

continuing to be a full-time student. Additionally, she works as a lead preschool teacher once a week.

Emily is an avid volunteer for the Study Buddy program at SSU with children at an elementary school, and comes home from school to volunteer for Adopt-a-Family and CEF Pumpkin Festival in Half Moon Bay.

Emily is an activist and has voted in every election since becoming eligible to vote. She proudly participated at both the March for Our Lives and the Women’s March this year.

Suzanne DuFore, Scholarship Chair





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New Options for Choosing How Your Donations Support AAUW

The choice of funds from which we can select when donating to support AAUW's mission and vision has changed to align with AAUW's new strategic plan.

Kimberly Churches, AAUW CEO, announced the new strategic plan in August 2018. Details of the plan are described in *Beyond Aspirations: Advancing Equity for Women and Girls*.

In *Beyond Aspirations*, Churches describes the purpose of the new plan: "Our vision — equity for all — can and must be achieved. We are not satisfied to simply document and discuss the inequities women and girls face. AAUW aims to achieve equity through practical solutions in education, workplaces and communities." AAUW will achieve this goal by concentrating on four strategic focus areas:

Education/training: Addressing the barriers and implicit bias that hinder the advancement of women.

Economic security: Ensuring

livelihoods for women.

Leadership: Closing the gender gap in leadership opportunities.

Governance and sustainability: Ensuring the strength, relevance and viability of AAUW well into the future.

In a video announcing the new fund, Kendra L. Davis, Senior Vice President, Advancement and Partnerships, and Tremayne Parquet, Deputy Director, Advancement, explained that the new categories give donors a better understanding of how their dollars will be used. For example, the AAUW Fund is replaced by the Greatest Need Fund that describes exactly how the funds will be used. AAUW may use the donations where there is the greatest need for research, advocacy or legal support. Another example is Title IX, which now falls under the Education and Training Fund. AAUW can use donations to this fund to provide support for legal challenges, advocacy for Title IX protection, and

conduct research for how schools can be doing more.

They added that many of the restricted funds are oversubscribed because of the tremendous support of AAUW members. An oversubscribed fund means the fund can't be used immediately or there is not a current need. The donations in the oversubscribed fund cannot be used to address current issues, such as the #MeToo movement, because of the restrictions.

Davis and Parquet acknowledged that it will take time to get used to the change from program-focused funds to broader specific issue-based funds. They emphasized that we can't achieve broader change in equity without broader support. You can watch the video by clicking [here](#).

A diagram provided by AAUW to describe the new Fund categories is on page 7.

Carol Joyce, Vice President, AAUW Funds

Chamber of Commerce Education Committee Report

Several committee members reported the following:

• La Costa Adult Education is expanding its program.

• San Mateo Credit Union is opening an office in HMB and planning to support educational programs.

• The Cabrillo Education Foundation is planning to provide 56 scholarships to HMBHS 2019 graduates.

• Big Lift is applying for a HMB City Grant and will participate in the upcoming Resource Fair at the HMB Library.

• The Chamber of Commerce Education Committee is working on establishing new goals for the committee.

Holly Wade, Assistant Superintendent of CUSD Educational Support Services for students with special needs, reported that she is working to expand the inclusion of special needs students in the overall school community. More than 400 students receive services from special education programs.

To expand inclusion, applications are being made for early intervention grants to support programs for pre-

schoolers. A Dyslexia Planning Committee is being formed. A proposal will be made to the board to train teachers to do early screening for dyslexia. Parent outreach programs, including a Parent Advisory Committee, are being planned.

Another goal is to build a Magical Bridge Playground that is accessible to all children at one of the CUSD schools.

Sue Hatfield, substitute committee representative for Mary Alice Pearce.

How to Support AAUW's Mission

Thank you for promoting equity for women and girls by supporting AAUW's critical work! When supporting the following funds, you give AAUW the ability to carry out its bold, strategic vision for the future.



AAUW Greatest Needs Fund (9110)

Allows AAUW the flexibility to respond rapidly to new and emerging challenges facing women and girls and to utilize your gift where it's needed most. This fund ensures the strength, relevance, and viability of AAUW into the future.



Education and Training Fund (4450)

Addresses the barriers and implicit biases that hinder the advancement of women by championing equal access to education and ensuring that education at every level is free from sex discrimination.

STEM Title IX Pathways to Jobs

Examples of programs include:
Fellowships Alumnae Initiatives
Fellowships and Grants
Public Policy
Research



Economic Security Fund (4449)

Ensures livelihoods for women through achieving pay equity for women, providing training in salary negotiation, and deepening women's retirement security and quality of life.

Pay Equity Title VII Retirement Security

Examples of programs include:
Start Smart
Work Smart
Work Smart Online
Legal Advocacy Fund



Leadership Fund (4452)

Supports the effort to close the gender gap in leadership opportunities by bolstering the participation of and increasing the number of girls and women in leadership roles, particularly in education and nonprofit organizations.

Career Workplace Training

Examples of programs include:
Campus Action Projects
Empower
NCCWSL

Contributions to AAUW are fully tax-deductible and can be sent to the address below or made online at www.aauw.org/contribute.

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February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
	Walk & Talk 10 a.m.			Writers Group 10 a.m.	Out to Breakfast 8:30 a.m.	
10	11	12	13	14	15	16
	Walk & Talk 10 a.m. Branch Meeting 6:30 p.m.	Great Decisions 7 p.m.		Great Books 2 p.m.	Bridge	
17	18	19	20	21	22	23
	Presidents' Day Walk & Talk 10 a.m.			Writers Group 10 a.m.		Janus noon
24	25	26	27	28	1	2
	Walk & Talk 10 a.m.	Evening Book Group 6:30 p.m.				

Join an Interest Group, Make New Friends

The Interest Groups are back in the swing of things after the holidays. While there's plenty of interest, some groups need volunteers to step in as chair or to host events. Please help in any way you can. We all enjoy getting together. Happy February!

Carol Forster, Coordinator, Interest Groups

Bridge: Our lively group will play at the home of Carol Forster this month on Friday, Feb. 15. Please email or call **Ruth Raffaello** at r Raffaello@coastside.net or 650-728-3013 if you plan to attend.

Evening Book Group: All meetings are held at **Madeline McReynold's** home at 261 Medio, Half Moon Bay. We meet and nibble at 6:30 p.m. Book discussion starts at 7 p.m. Bring a nosh to share, if you wish.

Books for the coming months are: February 26: *Small Great Things* by Jodi Picoult; March 26: *How to Change Your Mind* by Michael Pollan; April 30: *Metamorphica* by Zachary Mason; May 28: *Lincoln in the Bardo* by George Saunders.

Gourmet: **Chris Green** and **Nina Nelson** will host the dinner in March. With this duo in charge, keep your calendar clear – it's sure to be a winner. Watch for the details in the March issue of *Tidings*.

Great Books: We'll meet at the home of **Evie Tutorow** from 2 to 4

p.m. on Thursday, Feb. 14. We'll discuss *Sapphira and the Slave Girl* by Willa Cather. Please let Evie know if you will attend.

Great Decisions: The Great Decisions interest group uses topics from a book published by the Foreign Policy Association that all members buy (\$32 plus shipping). The books are being distributed to members who preordered from **Barbara Von Glahn**. Eight topics that concern current crucial global issues are discussed; these can be viewed at www.fpa.org.

Because of the growing size of the group, there may be a second group. The group meets the second Tuesday of the month at in members' homes. If another group is established, days and times can be determined to best fit the needs of that group. The first meeting is 7 to 9 p.m. on Feb. 12 at Barbara's home. Meetings will run through September. If you're in joining us, please contact Barbara at barbara_hmb@yahoo.com or 650-726-7696.

Janus: Our Janus luncheon for Feb. 23 will be at the home of **Irene Baum** in Half Moon Bay. We will celebrate the Chinese Year of the Pig. Please RSVP if you wish to attend. If you would like to be on the e-mail list for Janus, please contact **Mary Alice Pearce** at maalice_hmb@comcast.net.

Out & About: On March 1, we'll visit the De Young Museum in San Francisco <https://deyoung.famsf.org/>. Admission for adults is \$35; seniors, \$32; usually we have enough members to get everyone in free.

Among the many exhibits that day will be *Monet: The Late Years*. Tickets for the Monet exhibit are timed; we will coordinate admission time in February. If you'd like to join us, email **Sara Hayden** at hayden.sara@gmail.com.

Out to Breakfast: Out to Breakfast group meets the second Friday of every month at 8:30 a.m. for breakfast at Caffé Mezza Luna, 240 Capistrano Road, Princeton (the café, not the restaurant). There is no need to RSVP - all are welcome. Our next breakfast is Friday, Feb. 8, at 8:30 a.m. at Caffé Mezza Luna. Join us!

Walk and Talk: Come join us Monday morning for a walk on our beautiful Coastside! If you'd like to be on our list, send your email to Marilyn Garrison at marilyngarr@hotmail.com and she'll send you a message over the weekend.

Writers Group: Writers will meet at 10 a.m. on Feb. 7 and Feb. 21 in the community room of Lesley Gardens, 701 Arnold Way. Want to know more about the group? Email **Katie Murdock** at ktgm4@aol.com.

Theater Bash! Save the Date! March 21



Photo by Alan Grierson

Pictured are just some of our members involved in the planning. From left to right: **Joanne Rokosky, Vivian Costello, Nina Nelson, Paulette Eisen, Ruth Rafello, Carol Forster and Jan Grierson.** We do have *fun!*

Save the date: On Thursday, March 21, we'll hold our annual Theater Bash. Reception will begin at 6 p.m. and curtain call is at 7 p.m.

Join us in putting the *fun* in *fundraiser!* We have the opportunity, once more, to attend the dress rehearsal of our own Coastal Repertory Theater's spring production. This year, the Rep presents *Run for Your Wife*, a British farce by Ray Cooney. Tickets are \$30 and include a pre-theater reception with a silent auction, light hors d'oeuvres, wine and music.

Tickets will be available for sale at our general meeting on Monday, Feb. 11. Buy one or two or 10, and bring a bunch of friends! Contact Nina Nelson at 650-560-9205 or nencgn@yahoo.com if you'd like to join the fun! More information will be available in the March *Tidings*.



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In principle and practice, AAUW values and seeks a diverse membership. There shall be no barrier to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.