

the TIDINGS

News of AAUW-Half Moon Bay

Volume 55, Issue 5

January 2022



Gary Selnow, Ph.D.

WiRED International Founder and Professor Emeritus

Monday, Jan. 10, 2022 • 7 p.m.

As we navigate the pandemic of the century, we continue to learn about vaccines, why they are important, how science evolves, and the importance of research.

Please join us to learn more from **Gary Selnow, Ph.D.**, founder and executive director of WiRED International, an NGO providing health education in low-resource communities around the world.

WiRED started operations in 1997 providing Internet connections in war-ravaged towns throughout the former Yugoslavia. Now it focuses on medical and health education using computer technology in underserved regions around the world.

Dr. Selnow will discuss the

shortfall in doctors and nurses in low-resource regions and will describe a training program that prepares community health workers to fill the health care gap. Further, he will look at how community health workers during this pandemic can step in to teach communities healthy behaviors while safely delivering vaccines to communities and administering the shots.

Dr. Selnow is professor emeritus at San Francisco State University and the author/co-author of seven books and dozens of articles in academic journals. Read more about him [here](#). You may also enjoy this [2004 feature](#) about him in the *Half Moon Bay Review*.

Join Us

Please join us as we welcome Gary Selnow, Ph.D., on Monday, Jan. 10, at 7 p.m. Please contact **Barbara Cohen**, VP Programs, at Lv2red@gmail.com if you have any questions.

Where: <https://us02web.zoom.us/j/86477379528?pwd=dHpublloWIRzU3Y5cTR2WklScmIrQT09>

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Articles should be pasted into the body of the email. Attach any photos as .jpg or .png files. Deadline is the 15th of the month prior to publication.

Neighborhood Groups

South Half Moon Bay, Central Half Moon Bay, North Half Moon Bay, El Granada/Miramar, and Moss Beach/Montara. Look for the distribution in your directory.

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

AAUW Half Moon Bay Branch is a tax-exempt 501(c)(3) corporation. Your contribution is tax-deductible.

President's Message Happy New Year! But When?



V e r n a l Equinox. Say that three times fast while simultaneously looking it up on [Wikipedia](#), one of many sites explaining the curious history of celebrating a new year.

The inventive and scholarly Mesopotamians were the first people reported to have partied in the new year. It was celebrated in mid-March, as a festival called Akitu. It's quite a long and elaborate celebration, lasting longer than our 10-second countdown. Celebrating the beginning of creation and the new birth of springtime, the festival hails the god Marduk, who defeated the monster of chaos, Tiamat. Defeating chaos – what a great thing to celebrate.

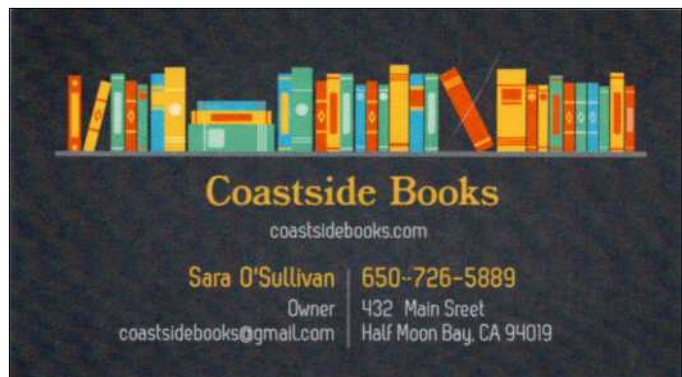
Jump ahead several millennia to early Rome. Their calendar consisted of 10 months, starting with March. Around 700 BCE, the Romans added January and February to the calendar. Even

then, with reasons centering on the beginning of the civil year and the election of Roman consuls, New Year's Day was March 1, sometimes Jan. 1. **When in Rome.**

Julian calendar, Gregorian calendar – so many variations on when to celebrate a new year. In medieval Christian Europe you could take your pick – Dec. 25, March 1, March 25, and Easter. The Catholics and Protestants did not see eye-to-eye about the new year. The Brits and the American colonists celebrated in March. All got settled around 1752. So Jan. 1 as New Year's Day is relatively, well, new.

Check out more if you wish. Google the New Year away. This column isn't even a drop in the ocean regarding new year celebrations. Don't forget the Chinese Lunar New Year, Rosh Hashanah, Nowruz, Pahela Baishakh, Diwali, and more. Continue to be an AAUW lifelong learner. It all comes down to celebrating something new and life-affirming.

Peggy Rozhon, President



More Warm Toes This Winter



Sheila Spieller, Kathleen Freitas, and Lee Ellis presented the 172 pairs of socks donated at the holiday event to Eric DeBode, executive director of Abundant Grace Coastside Worker.



Branch Support of AAUW Fund

Hooray for our branch! We made our annual donation of \$5,700 to AAUW Fund in December 2020; it was divided as \$5,000 to the Greatest Needs Fund and \$700 to the Education and Training Fund.

Additionally, I want to thank our members and other community individuals who contributed \$902 to the fund during 2020.

Many thanks to the volunteers and donors who made Coastside Gives a success as our only fundraiser in 2020. Without this event we would not have been able to make such a generous donation to AAUW Fund.

Five-star criteria suggest a donation of \$30 per member, which would equal \$3,720 for our branch so you can see that we exceeded this amount by nearly \$2,000!

Once again, I want to acknowledge all the effort and support that enables our branch to support AAUW's mission of advancing equity for women and girls through advocacy, education, philanthropy, and research.

Mary Sheridan, AAUW Fund Vice President

Speech Trek Taking Shape

After visiting several classrooms, an article in the *Half Moon Bay Review*, and posting a notice on NextDoor, we have two students who have applied to compete in our Speech Trek contest on Monday, Feb. 7. At this point it looks like we will need to do it on Zoom again this year, but the final

decision will be made closer to the date. **Paulette Eisen** will work with the students to tighten their speeches and hone their presentation techniques, especially targeted toward the possibility of using Zoom.

Mary Vargas, Speech Trek Coordinator

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Dates to Save & Remember

Monday, Jan. 10
Branch Meeting
7 p.m.

Jan. 11, 1935
Amelia Earhart makes the
first solo flight from
Hawaii to North America

Saturday, Jan. 15
Pop-Up Rummage Sale
9 a.m.

Jan. 23, 1849
Elizabeth Blackwell
becomes first woman to
graduate from medical
school and become a
doctor in the U.S.

Monday, Feb. 7
Speech Trek
7 p.m.

Saturday, April 30
AAUW CA Annual Event

*Please check calendars
on the [AAUW-HMB](#),
[AAUW-CA](#) and [AAUW](#)
websites for updates,
additional events and
announcements.*

First-Ever!

AAUW-HMB Pop-Up Rummage Sale

Our branch has held successful rummage sales in the past, but they involved months of preparation. It's time for a change. So we're conducting our first-ever Pop-Up Rummage Sale.

When: Saturday, Jan. 15

Time: Drop-off starts at 8 a.m.
Pop-Up starts at 9 a.m. Pop-Down is at 3 p.m.

Where: Terrace Avenue, Half Moon Bay (exact location revealed later)

Please gather up great items to donate for the sale: new, nearly new, trendy, vintage, housewares, clothing – good sellable stuff.

Clean and neat is our motto. Price everything using the quarter as your basis – 25¢, 50¢, 75¢, \$1, etc. Small items can be bundled together in a Ziploc bag.

We set up the same day of the sale. Drop-off starts at 8 a.m.; sale starts at 9 a.m.

This sale is perfect for those of us who enjoy rummage sales. Let me know what you are bringing and if you will volunteer for the day. Our rummage sales were always fun and always profitable. Let's do it!

Contact **Peggy Rozhon** at prozhon@gmail.com for more information.

Tracking Girls and Women Out of Higher-Paying STEM Areas

Giving women equal opportunities to pursue — and thrive in — STEM careers helps narrow the gender pay gap, enhances women's economic security, ensures a diverse and talented STEM workforce, and prevents biases in these fields and the products and services they produce.

A typical STEM worker earns two-thirds more than those employed in

other fields, according to Pew Research Center. And some of the highest-earning STEM occupations, such as computer science and engineering, have the lowest percentages of women workers.

Key factors perpetuating gender STEM gaps are gender stereotypes, male-dominated cultures, fewer female role models, and math anxiety.



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Holiday Boutique Benefits AAUW-HMB



Branch member **Amy Broome** coordinated a festive holiday boutique at La Piazza the weekend before Christmas. The boutique featured local artists and Amy graciously donated a portion of her proceeds to our branch.

Thanks to those of you who made purchases – you donated to AAUW-HMB, too!

And thank *you*, Amy!

Shop Local This Winter

While you're shopping for those items you wanted but didn't receive for the holidays, please shop local and remember our advertisers, who support *Tidings* and AAUW-HMB with their advertising dollars all year.

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Do you have a business that you'd like to advertise in *Tidings*?
Do you know a company that could benefit from their message being seen by our readers?

Please send the company name and contact info to
aauw.hmb.newsletter@gmail.com.

The *Tidings* advertising coordinator will follow up.

A Good Time Was Had by All

Thirty branch members braved the mid-December storm to attend our annual holiday festivities. The planning committee, headed by **Barbara Cohen**, and supported by **Lee Ellis**, **Kathleen Freitas**, and **Sheila Spieller**, made sure there was

plenty of food, great conversation, and fun door prizes. Thanks to **Patty Landry** for helping with setup.

Photo props added a memorable touch to the evening, giving partygoers a chance to mug for the camera.

Members also brought socks to donate to Abundant Grace Coastside Worker – 172 pairs in all.

Many thanks to **Judy and Brian Novak McSweeney** of Blue City Jazz, who donated their musical talents for the evening.



Pat McNutt, Nancy Evans, Barbara Von Glahn, and Suzanne Mau



Lisa Lopez, Lucinda Hirahoka, and Peggy Rozhon



Lee Ellis and Peggy Rozhon twinkled like stars.



Blue City Jazz (**Judy and Brian Novak McSweeney**) provided lovely music throughout the evening.



Sheila Spieller and Kathleen Freitas' take on *American Gothic*.



Suzanne Mau was Super Girl.



We collected 172 pairs of socks for Abundant Grace!

Sheila Spieller, Patti Landry, Lee Ellis, and Barbara Cohen enjoyed the fruits of their labor planning the festive affair.



Named Gift Honoree Nominations

It's time again for Named Gift Honoree nominations. Each year the branch recognizes selected members for their service and outstanding contributions to the branch and AAUW. The awards are announced at the June Scholarship meeting. If you wish to nominate someone, please email Mary Sheridan at mary.b.sheridan@gmail.com by Feb. 1 and describe why you believe this member is deserving of the award.

Please review the following criteria before making your

nomination. Nominees must:

- be a current member of the branch;
- have served on the board of directors at some time;
- have been a member of the branch for the past five consecutive years; and
- have not received this award within the past 10 years. (The list of past Named Gift Honorees is in the directory on pages 5-7 so you can determine if your nominee is eligible).

At our December board meeting,

on the recommendation of the AAUW Fund committee, it was decided that we will establish a new branch tribute. Each year at our June recognition luncheon, we will honor and commemorate our recently deceased members. The board decided it is both appropriate and equitable to separately recognize our deceased members. As such, deceased members will no longer be eligible as a Named Gift Honoree.

Mary Sheridan, AAUW Fund Vice President

Evening Book Club Celebrates the Holidays

The Evening Book Club held their December meeting at the home of **Madeline McReynolds**. Pictured from the bottom are: Madeline; second row: **Sue Hatfield** and **Linda Lowens**; third row: **Irene Baume** and **Marilyn Garrison**; fourth row: **Peggy Rozhon**; fifth row: **Nancy Evans** and **Lee Ellis**; top row: **Janie Keeler** and **Maura Jones**.



Walk & Talk Group Wanders the Coastside



Barbara Von Glahn, Mary Wynne, Pat McNutt, Marilyn Garrison, and Len Carlson enjoyed some good walking weather.

Mary Wynne, Barbara Von Glahn, and Cindi Chin-Lee on the trail.

Thank you, Cindi Chin-Lee, for taking all of the Walk & Talk pictures!



Gloria Blackwell



Lisa Maatz



Jasmine Sadler

Great Speakers on Deck for AAUW CA Annual Event

Join us for an exciting annual event adventure on April 30 without ever leaving your home (or PJs)! We will kick off our fun with inspiring speakers from near and far, including AAUW's new CEO **Gloria Blackwell**, policy rock star **Lisa Maatz**, and California's own dancing rocket scientist, **Jasmine Sadler**. We will honor branch

projects and meet our equity champion before breaking for a quick lunch.

When we return, the off-road adventure begins! Using the magic of Zoom breakout rooms, we will conduct virtual "open space" sessions. Using predetermined topics, hosts will start a conversation in their room with whomever shows

up. You can stay in one room for the session or bounce to another. Connect with your fellow AAUW California members on a variety of topics related to AAUW, equity, women, and girls — the list of possibilities is endless.

Charmen Goehring, AAUW CA Meetings Planner

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
					New Year's Day (observed)	New Year's Day
2	3	4	5	6	7	8
	Walk & Talk 10 a.m.					
9	10	11	12	13	14	15
	Walk & Talk 10 a.m. • Branch Meeting 7 p.m.					Pop-Up Rummage Sale 9 a.m.
16	17	18	19	20	21	22
	Martin Luther King Day • Walk & Talk 10 a.m.					
23	24	25	26	27	28	29
	Walk & Talk 10 a.m.	Evening Book Group 7 p.m.				
30	31	1	2	3	4	5
	Walk & Talk 10 a.m.					

Join an Interest Group and Meet New People

Curiosity Club: We encourage young women to explore STEM fields in education and strive for STEM careers. If you're curious and enjoy learning new things, we can help. And we have a great time together!

We're looking for ideas and would love to hear yours. If you can teach us something – even better! Contact **Juliet Bolding** or **Barbara Von Glahn**, co-chairs of the group.



Days for Girls: "Come When You Can, Give an Hour to DFG" on Wednesday, Jan. 12, from 1 to 5 p.m. at Gladys Picht's house. Contact **Vivian Costello** or **Karen Hume** to coordinate.



Evening Book Club: All meetings are the last Tuesday of the month unless otherwise noted. Our Zoom meetings begin at 7 p.m. Members will be included in all discussions and decisions to change to in-person gatherings.

Upcoming meetings include:

Jan. 25: *Neither Wolf nor Dog: On Forgotten Roads with an Indian Elder* by Kent Nerburn. Facilitator: **Marilyn Garrison**.

Feb. 22: *Station Eleven* by Emily St. John Mandel. Facilitator: **Lee**

Ellis.

March 29: *The Island of Sea Women* by Lisa See. Facilitator: **Linda Lowens**.

April 26: *Spirits of San Francisco: Voyages through the Unknown City* by Barry Kamiya. Facilitator: **Antoinette Wrubel**.

May 31: *The Soul of an Octopus* by Sy Montgomery. Facilitator: **Judy Buckland**.

For more information, contact **Nancy Evans** at egnancy@comcast.net.



Great Decisions will resume in February.

This interest group purchases booklets annually for about \$35 from the **Foreign Policy Association**. FPA's 113-year mission is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Contact **Barbara Von Glahn** with any questions.



Janus: Because of inclement weather and renewed COVID restrictions, Janus will probably not meet in the next few months. If you would like to be kept informed about future activity, please make sure that

Mary Alice Pearce has your e-mail address. She will keep the group informed. Stay safe and warm.



Walk & Talk: Join us Monday mornings from 10 a.m. to noon for a walk on our beautiful Coastsides. Send your name and email to **Marilyn Garrison** at marilyngarr@hotmail.com and she'll add you to the weekly email list.



Have you moved recently? Gotten a new phone number? Acquired a new email address? Please send any updates to your contact information to Directory Editor **Pat McNutt** at patm@coastside.net.



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AAUW January Pop-Up Rummage Sale

When? Saturday, Jan. 15

Where? Terrace Avenue, Half Moon Bay

What? You price it and you bring it.

See page 4 for details.

Interested? Contact Peggy Rozhon at
prozhon@gmail.com.



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In principle and practice, AAUW values and seeks a diverse membership. There shall be no barrier to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.